

THE DOOR TO THE GREAT WORK

NEW MIND RETREAT

Online Program Guide

DAY 1

Session 1

Welcome / Ramtha's Four Cornerstones

Sending-and-Receiving / Remote-View #1 / Future Remote-View #2 / results

Session 2

Handouts on the Brain / Ramtha's Model of Reality / 7 Levels of reality and 7 Seals
(Print PDF with diagrams included in event links)

Video: 2009-10-11 Ramtha 7 Levels of Consciousness - Remastered

Session 3

C&E® Demo - RSE Teachers

Mechanics of the breath of Consciousness & Energy®

Practice session

C&E® 3&3 – intentional thought to manifest 3 new things and change 3 things you want

Focus Session: C&E® 3&3

New Mind Excerpt from CPR #2: "All great Masters learned to do this"

DAY 2

Session 1

Handout on the Bands. PowerPoint on the Bands

Video: 2008-03-28 - Excerpt Intro to the UV Egg Process

Focus Session: UV Egg

Session 2

PowerPoint: Orb Contact

Video: JZ / Ramtha on Orbs (includes God Scope)

Make focus card / Orb contact session

Orbs IR Cameras

Video: Orbs "You Are never Alone"

Session 3, Part I

Video: 2009-05-28 Ramtha New Word of Power

PowerPoint: The Neighborhood Walk®

Introduction to Self-Correction

Neighborhood Walk® #1

Session 3, Part II

Neurogenesis / Neuroplasticity / Neighborhood Walk® #2

DAY 3

Session 1, Part I

Review New Neighborhood / Self-Correction / Draw Bridges to Elsewhere (Stem Cells)

Video: 2006-09-23 JZ - Gladys

Session 1, Part II

PowerPoint: Carbules - My Song

Neighborhood Walk® #3 - Remember to self-correct

Session 2, Part I

PowerPoint: Physics of Elsewhere

Video Excerpt: 2009-06-12 Ramtha Fieldwork® & Destiny

Make 2 cards for Fieldwork® focus

Session 2, Part II

Discipline for Online students: alternative to Fieldwork®,

Session 3

Introduction to Candle Focus and Trance Focus

Video Excerpt: Ramtha, The Trance/Candle Focus, Dimensional Mind 1993

Intro to Twilight®

Instructions for Focus Process (Use the List from your Neighborhood Walk®)

Focus Session: Ramtha's Candles, List, Twilight Process

DAY 4

Session 1

Comments on student discipline protocols (coming in late/eating during teachings)

Introduction to next session

Video: Ramtha - 1993-03-12 on Symbols

Instructions on making the Sign of the Blue Star

and making the Circle for Torsion Process

PowerPoint: Blue Body® Symbology

Video: Building the Blue Body®

Make Blue Body® Card for Focus Session

Video: Ramtha - 1993-03-12 Webbing Instructions

Web and star body

Session 2

Refresh Stars and Webs on body

Review Symbology of Shiva

PowerPoint: Mechanics of the Blue Body® Dance

Practice run, mirroring the steps for the Blue Body® Dance Session

Blue Body® Dance Process and Laydown

Session 3

Introduction

Video: Ramtha – 1993-10-3 - Personality Grid Excerpt

Video: Ramtha - 2002-01-22 - Introduction to the Blue Grid®

Make Focus Card of The Grid®

Comments on The Grid® focus technique and its applications

(No online video for next parts)

Grid the sky

Fieldwork with Blue Body® Card & The Grid® Card using the Walk and Candle Focus

*Prepare Candle, Mirror, lighter, for evening session

Session 4, Part I

Video: Ramtha Excerpt - 2003-03-23 Through the Looking Glass

Prepare and set-up for Mirror Focus Session:

focus pillow, blinders, small candle, mirror, lighter

Session 4, Part II

Ramtha Toast from 1991-12-04: "I gaze into a blackened mirror"

Focus Session: Blue Star C&E® – Candles – Mirror

*In the morning, Grid the sky on your own, walk, and breakfast

DAY 5

Session 1

Brief History of Create Your Day®

Video: Ramtha in Yucca Valley December 1986

Video: Ramtha Excerpt on Create Your Day®

Instructions for focus session

Video: Ramtha, Atop the Roof of the World Excerpt

Create Your Day® Focus Session: Candle Focus, into the Neighborhood Walk®

Session 2

Future Remote View #2 revealed

Accomplishments, Group Photo

Relevant Ramtha books:

Ramtha, *The White Book, A Beginner's Guide, 3rd edition*, *Ramtha's Book of Prophecies*.

Closing Announcements PowerPoint

Video Montage: Ramtha – "I have never channeled" from 1998, 2007, 2014, 2019

Closing Teaching Video Excerpt: Ramtha - 2009-07-16 Sustaining Your Changes"