

Conquer Yourself: From Chaos to the Love of Oneself

From Live Event Held June 21 - 25, 2023

Day 1

Session 1

Illustrated Audio: Ramtha - from Chaos Blue Assay (9/4/95)

Contemplate and do your List and go to sleep when ready.

Day 2

Session 1

Excerpt: Replay final instructions from last night's teaching (9/4/95)

Blue-Fire Chaos C&E / Laydown

Neighborhood Walk

Session 2

Demo w Ram and practice run of new discipline.

Excerpt: Replay Ram's Demo & instructions of new discipline from last night (9/4/95)

Instructions for focus session: Remember your current List.

Blue-Fire Chaos C&E / Laydown

The List with Chaos Energy / Laydown

Walk or sit in nature: Contemplate your organized attitudes as Ram instructed.

Session 3

Make Card #1

Review and update your List accordingly.

Blue-Fire Chaos C&E / Laydown

The List with Chaos Energy / Laydown

Walk or sit in nature: Contemplate your organized attitudes as Ram instructed.

Session 4

Illustrated Audio: Ramtha - From Chaos Blue Assay Part 1 (9/5/95)

Chaos C&E

Illustrated Audio: Ramtha - From Chaos Blue Assay Part 2 (9/5/95)

Day 3

Session 1

Chaos C&E

Neighborhood Walk

Session 2 Part I

Observe yourself and your hidden attitudes that organize your personality.

Review and contemplate your List and the attitudes that block it.

Candle Focus

Neighborhood Walk

Session 2 Part II

Candle Focus / Laydown

Chaos C&E

Neighborhood Walk

Session 3

Make Card #2 and Revise your List with what you uncovered about you so far.

Candle Focus / Laydown

Chaos C&E

The List inside Blue Field between Hands / Laydown

Sit up!

Candle Focus / Laydown

Chaos C&E / Laydown

Session 4

Illustrated Audio: Ramtha - From Chaos Blue Assay (9/6/95)

Chaos C&E - "I Accept My Fabulous Destiny"

Rest, go to sleep and dream...

Day 4

Session 1

Candle Focus

UV Egg

Neighborhood Walk

Session 2

Make 2 new card as Ram instructed last night: Card #3 and #4

Make 1 of the cards on Blue Body® and the power of healing with a touch.

Apply 7 blue stars on the 7 seals and draw webs where you need healing help.

Chaos C&E into Blue Body dance / Laydown

Contemplation Walk or sit in nature and contemplate you!

Release the old and love yourself into your beautiful, magnificent Future.

Session 3 Part I

Simply follow Ram's instructions to the best of your ability.

Illustrated Audio: From Chaos Blue Assay – Part 1 (9/7/95)

Session Led by Ram: Healing Others w Chaos C&E & Blue Hands

Run barefoot in the Field/Nature, as instructed by Ram.

Session 3 Part II

Session Led by Ram: Healing Others w Chaos C&E & Blue Hands

Run barefoot in the Field/Nature, as instructed by Ram.

Session 3 Part II

Illustrated Audio: From Chaos Blue Assay – Part 2 (9/7/95)

Session 4

Illustrated Audio: Ramtha Part 1 (9/8/95)

Focus Session Led by Ram (9/8/95)

Illustrated Audio: Ramtha Part 2 (9/8/95)

Day 5

Session 1

Chaos C&E Healing session led by Ram.

Neighborhood Walk

Session 2

Closing announcements, related product and upcoming events

Video: Ramtha - Ram's Warrior Story! (12/11/10)