

# The “I” Concept Advanced Training Program Guide

## **Day 1 Session 1**

Mike introduction. Description of optional disciplines for Days 2 – 5 (25 min)  
Illustrated Audio Ramtha (1995 Jan 21) The I Concept, part 1 (2:46)

## **Days 2 – 5 Session 1 optional disciplines**

4-hour candle session with candle music. Short break and repeat, or  
Three C&E sessions to choose from: Golden Egg, Torsion Process, River of Infrared, or  
Twilight Visualization - Healing

## **Day 2 Session 2**

Mike introduction (17 min)  
Illustrated Audio Ramtha (1995 Jan 21) The I Concept, part 2 (1:47)

## **Day 3 Session 2**

Mike introduction (16 min)  
Illustrated Audio Ramtha (1995 Jan 22) The I Concept, part 3 (1:34)

## **Day 4 Session 2**

Mike introduction and brain handout PDF (12 min)  
Video Ramtha (2001 Jun 02) God is a Gardener (wine optional) (3:51)

## **Day 5 Session 2**

Mike introduction and closing announcements (16 min)  
Video Ramtha (2004 Jun 26) Living as God (2:25)