

Warriors of Light Advanced Retreat

From March 13 – 19, 2022 Live Event

MODULE FIVE

DAY 5

Session 3 Part I

Part II Instructions

Focus Session:

C&E

Session 3 Part II

REVIEW PART I FOR INSTRUCTIONS

Neighborhood Walk

Remote Mind Extended Training

Remember Ram's comments on Bilocation and Phasing

Take short Twilight breaks with your List between Walks as needed and do it again.

NOTES: *Where your mind is, your body follows ...*

Session 4

Contemplate what you learned today and make Card #3

Illustrated Audio: Ramtha - Why we do the Grid

Set up mirror and candle for Focus session

Audio Excerpt #3 Part 2: Ramtha - Purpose of Light (11-16-89)

Mirror Focus + Laydown

Go to sleep with your List and dream the future as your body repairs

DAY 6

Session 1 (No Audio/Video)

The Grid ([Remember the Torsion Field](#))

NOTES: *Focus on the Grid as a Giant Alice/Mirror in the Sky*

Neighborhood Walk

Session 2

Video Trailer: Lawrence Spencer - Alien Interview at RSE

C&E Warm-up + Be It Process + Laydown

Neighborhood Walk