# 2021 ADVANCED RETREAT MODULE ONE

## <u>Day 1</u>

#### **Session One**

3:30 - 4:00	<u>Audio/Mov</u> : 9/7/93 Session 1
4:00 - 4:30	Draw and color the brain (slide up) – Be Meticulous, Study It Well

## **Session Two**

6:00 - 9:00	<u>Audio/Mov:</u> 9-7 Session 2
9:00	End Evening Session _ Lights out at 10
10:00 -	Night of introspection – make Triad, . "This is my symbol for liquefaction. I am dissolving my personality. I am laying myself on the altar of God." breathe really powerful breaths put your beautiful hands down.

# <u>Day 2</u>

### **Session One**

9:30 – 12:20	Make a card
	Focus Session
12:20 - 1:30	<u>Audio:</u> Focus Session End Tag 9-8-93 SESSION 1
	<u>Audio/Mov</u> : 9-8 Session 1

#### **Session Two**

3:00 – 6:00 <u>Audio/Mov</u>: 9-8-93 SESSION 2