

# **LEGACY 2.0 SESSION SCHEDULE**

## **Day 5**

### **Session 1**

**Wake Up and Create Your Day**

**Grid**

**NH Walk**

### **Session 2**

**Video: Ramtha - 9/5/04 Part II**

**Walk of Contemplation**

### **Session 3**

**Quantum Leap Process**

**NH Walk**

### **Session 4**

**Video: Ramtha - 9/24/04**

**Includes Ramtha leading**

**Blue Webs and C&E**