

LEGACY 2.0 SESSION SCHEDULE

Day 2

Session 1

C&E - first Create Day, then Blow out Propensities

Nh Walk

Session 2

Video: Ramtha - 7/28/03

Homework

NH Walk

Session 3 Part I

Ramtha Candle Mirror Process

Laydown

Walk as Blue Body

Session 3 Part II

Video: Ramtha - 7/29/03

Session 4

Make Card on moving into a Greater Neighborhood on a Parallel Timeline

C&E

Focus (hands on knees)

C&E

Laydown and go to sleep