

# Class 201: Genetics of the Future

## On-Demand Event – Module 3

### Day 3

#### Module 3 – Session 1 (29:55) + N. Walk (30)

- **Focus Session: C&E<sup>®</sup>, followed by the Neighborhood Walk<sup>®</sup>** (Start Time: 0:00)

#### Module 3 – Session 2 (2:10:25)

- **Instructions for Extended Focus Session: Candle Focus, into Twilight<sup>®</sup>, into Candle Focus, into Twilight<sup>®</sup>, and into the Neighborhood Walk<sup>®</sup>** (Start Time: 0:00)

- **Extended Focus Session: Candle Focus, into Twilight<sup>®</sup>, into Candle Focus, into Twilight<sup>®</sup>, and into the Neighborhood Walk<sup>®</sup>** (Start Time: 9:55)

#### Module 3 – Session 3 (46:42)

- **Review of Fieldwork<sup>®</sup> and instructions for making a card to focus on in this discipline** (Start Time: 0:00)

- **Video Excerpt Teaching by Ramtha, June 12, 2009: “Fieldwork<sup>®</sup> & Destiny”** (Start Time: 25:07)

- **Review and feedback on the disciplines engaged up to this point of the event.** (Start Time: 28:45)

- **Put 1 card up on the fence for Classical Fieldwork<sup>®</sup>, after exchanging it with someone else. Do not engage Fieldwork<sup>®</sup> yet. Then have a break before next session** (Start Time: 45:15)

#### Module 3 – Session 4 (1:29:28)

- **Video Teaching by Ramtha, June 12, 2009: “Fieldwork<sup>®</sup> & Destiny” with C&E<sup>®</sup> led by Ramtha, into Fieldwork<sup>®</sup>** (Start Time: 0:00)

- **Focus Session: Fieldwork<sup>®</sup>** (Start Time: 57:30)

Note: If this discipline is not an option for you, pause this video session and engage your Neighborhood Walk<sup>®</sup> out in nature, then return and engage the session of Candle Focus in this video with the card that you made.

- **Optional Focus Session: Candle Focus with your card for Fieldwork<sup>®</sup>** (Start Time: 57:30)

### Module 3 – Session 5 (45:02)

- **Focus Session: Fieldwork®** (When you find your card, keep your blinders down and continue focusing on your card for a period of time)  
(Start Time: 0:00)

Note: If this discipline is not an option for you, pause this video session and engage your Neighborhood Walk® out in nature, then return and engage the session of C&E® in this video.

- **Optional Focus Session: C&E® with your card for Fieldwork®** (Start Time: 0:00)

### Module 3 – Session 6 (1:00:31)

- **Focus Session: Candle Focus, into Twilight®** (Start Time: 0:00)

### Module 3 – Session 7 (1:43:28)

- **Video Teaching by Ramtha, July 14, 2009: “Trance Work Delivers” (from Blue College)**  
(Start Time: 0:00)
- **Review and Instructions** (Start Time: 1:28:05)

Note: Thank you for participating in this online event. We look forward to seeing you at school, live or online, in the near future. To a great and remarkable life! So be it.

— The RSE Staff