

# Class 201: Genetics of the Future On-Demand Event

## Day 1

### Module 1 – Session 1 (3:05:03)

- **Welcome and Introduction to the Class 201 by Jaime Leal-Anaya** (Start Time: 0:00)
- **Video Teaching by Ramtha, June 6, 2014: “Arriving at Your Future”** (Start Time: 18:00)
- **Instructions and Reminders for Focus and the Disciplines** (Start Time: 2:58:20)

## Day 2

### Module 2 – Session 1 (56:15) + N. Walk (30)

- **Introduction by Mike Wright to Ramtha’s teaching on Create Your Day® early in the morning and Instructions for this session** (Start Time: 0:00)
- **Audio Teaching by Ramtha: “Atop the Roof of the World”** (Start Time: 3:25)  
Note: This teaching is available for purchase on CD:  
CD-045: “Tales of the Masters”  
<https://store.ramtha.com/list/style.ashx?style=CD045>
- **Focus Session: C&E®, then the Neighborhood Walk® on your own (30)** (Start Time: 27:30)

### Module 2 – Session 2 (2:26:19) + N. Walk (30)

- **Introduction and Review of the Mechanics of C&E®, Twilight®, Candle Focus, the Neighborhood Walk®, and the Torsion Process®** (Start Time: 0:00)
- **Focus Session: C&E® Torsion Process® guided by Ramtha, followed by Twilight®, into Candle Focus, and the Neighborhood Walk®**  
(Start Time: 1:02:00)

Note: Transition instructions between disciplines are included in the focus sessions.

### Module 2 – Session 3 (3:20:21)

- **Review and orientation. Introduction to next video teaching by JZ Knight**  
(Start Time: 0:00)
- **Video Teaching by JZ Knight, January 11, 2014: “Confronting One’s Religion by Creating the Next Lifetime” (from Fresh Air II Workshop)** (Start Time: 9:05)

**- Orientation and instructions: Contemplate and create a plan for your future lifetime**  
(Start Time: 2:24:55)

Note: Optional Candle Focus and/or the Neighborhood Walk® during this session

### **Module 2 – Session 4 (2:14:09)**

**- Review and orientation. Introduction to next video teaching by JZ Knight**  
(Start Time: 0:00)

**- Video Teaching by JZ Knight, January 11, 2014: “Creating Your Year in a New Way: Side Notes for Creating a Big Future” (from Fresh Air II Workshop)**  
(Start Time: 10:55)

**- Instructions for optional activities: Upgrade your plan for a future lifetime**  
(Start Time: 1:42:35)

Note: Optional Candle Focus and/or the Neighborhood Walk® during this session

### **Day 3**

#### **Module 3 – Session 1 (29:55) + N. Walk (30)**

**- Focus Session: C&E®, followed by the Neighborhood Walk®** (Start Time: 0:00)

#### **Module 3 – Session 2 (2:10:25)**

**- Instructions for Extended Focus Session: Candle Focus, into Twilight®, into Candle Focus, into Twilight®, and into the Neighborhood Walk®** (Start Time: 0:00)

**- Extended Focus Session: Candle Focus, into Twilight®, into Candle Focus, into Twilight®, and into the Neighborhood Walk®** (Start Time: 9:55)

#### **Module 3 – Session 3 (46:42)**

**- Review of Fieldwork® and instructions for making a card to focus on in this discipline**  
(Start Time: 0:00)

**- Video Excerpt Teaching by Ramtha, June 12, 2009: “Fieldwork® & Destiny”**  
(Start Time: 25:07)

**- Review and feedback on the disciplines engaged up to this point of the event.**  
(Start Time: 28:45)

**- Put 1 card up on the fence for Classical Fieldwork®, after exchanging it with someone else. Do not engage Fieldwork® yet. Then have a break before next session**  
(Start Time: 45:15)

### Module 3 – Session 4 (1:29:28)

- **Video Teaching by Ramtha, June 12, 2009: “Fieldwork® & Destiny” with C&E® led by Ramtha, into Fieldwork®**

(Start Time: 0:00)

- **Focus Session: Fieldwork®**

(Start Time: 57:30)

Note: If this discipline is not an option for you, pause this video session and engage your Neighborhood Walk® out in nature, then return and engage the session of Candle Focus in this video with the card that you made.

- **Optional Focus Session: Candle Focus with your card for Fieldwork®** (Start Time: 57:30)

### Module 3 – Session 5 (45:02)

- **Focus Session: Fieldwork® (When you find your card, keep your blinders down and continue focusing on your card for a period of time)**

(Start Time: 0:00)

Note: If this discipline is not an option for you, pause this video session and engage your Neighborhood Walk® out in nature, then return and engage the session of C&E® in this video.

- **Optional Focus Session: C&E® with your card for Fieldwork®** (Start Time: 0:00)

### Module 3 – Session 6 (1:00:31)

- **Focus Session: Candle Focus, into Twilight®** (Start Time: 0:00)

### Module 3 – Session 7 (1:43:28)

- **Video Teaching by Ramtha, July 14, 2009: “Trance Work Delivers” (from Blue College)**

(Start Time: 0:00)

- **Review and Instructions** (Start Time: 1:28:05)

### Day 4

#### Module 4 – Session 1 (31:33) + N. Walk (30)

- **Focus Session: Candle Focus, into the Neighborhood Walk®** (Start Time: 0:00)

#### **Module 4 – Session 2 (2:57:31)**

- **Orientation and Instructions** (Start Time: 0:00)
- **Extended Focus Session: Candle Focus, into Twilight<sup>®</sup>, into Candle Focus, into Twilight<sup>®</sup>, and into the Neighborhood Walk<sup>®</sup>**  
(Start Time: 19:22)

#### **Module 4 – Session 3 (1:23:08)**

- **Orientation, a student shares, and introduction to next video teaching by Ramtha**  
(Start Time: 0:00)
- **Video Teaching by Ramtha, August 20, 2014: “Why We Create the Future Life” (from Italy’s Summer Prophecy Event)**  
(Start Time: 9:24)
- **Instructions for making another card for Fieldwork<sup>®</sup>, exchange it and put it up**  
(Start Time: 1:15:05)
- **Focus Session: Fieldwork<sup>®</sup>**  
(Start Time: on your own time)

Note: If this discipline is not an option for you, start **next video Session 4** and engage your Neighborhood Walk<sup>®</sup> out in nature for an extended period, then return and engage the session of Candle Focus in next video. Lay down into Twilight<sup>®</sup> when ready.

#### **Module 4 – Session 4 (1:28:20)**

- **Focus Session: Fieldwork<sup>®</sup>**  
(Start Time: on your own time)
- **Focus Session: (Online alternative session for Fieldwork<sup>®</sup>)  
Neighborhood Walk<sup>®</sup>, into Candle Focus, into Twilight<sup>®</sup>** (Start Time: 0:00)

#### **Module 4 – Session 5 (1:28:07)**

- **Focus Session: C&E<sup>®</sup>, into Twilight<sup>®</sup>** (Start Time: 0:00)

#### **Module 4 – Session 6 (2:17:57)**

- **Review, a student shares, and introduction to next video teaching by Ramtha**  
(Start Time: 0:00)
- **Video Teaching by Ramtha, August 17, 2014: “Building Your Future” (from Italy’s Summer Prophecy Event)** (Start Time: 6:47)

## Day 5

### Module 5 – Session 1 (31:06) + N. Walk (30)

- **Focus Session: Candle Focus, into the Neighborhood Walk®** (Start Time: 0:00)

### Module 5 – Session 2 (1:33:32)

- **Review and final recommendations. Instructions for Heretical Fieldwork®**  
(Start Time: 0:00)

- **Focus Session: C&E®, into Heretical Fieldwork®**  
(Start Time: 26:20)

Note: If Fieldwork® is not an option for you, pause this video after the C&E® session and engage your Neighborhood Walk® out in nature, then return and engage the session of Candle Focus in this video with your card. (Start Time: 47:23)

### Module 5 – Session 3 (1:33:32)

- **Final event announcements, Ramtha’s teachings highlighted in News Headlines, On-demand events available, Mike Wright and Jaime Leal-Anaya’s closing words**  
(Start Time: 0:00)

Note: The Orb Show of this event is available online in the **Orb Gallery** page of the **RSE-Newsletter.com**

- **Concluding Video Teaching by Ramtha, July 16, 2009: “Sustaining Your Changes” (from Blue College)**  
(Start Time: 9:52)

Note: Thank you for participating in this online event. We look forward to seeing you at school, live or online, in the near future. To a great and remarkable life! So be it.

— The RSE Staff