

# CLASS 101 ONLINE EVENT PROGRAM GUIDE

## SUPPLIES NEEDED FOR THE PROGRAM

<b>Blindfolds</b>	<b>Notebook for Notes</b>
<b>Yoga type mat for the floor</b>	<b>Candle</b>
<b>Pillow to sit on comfortably</b>	<b>Something to prop a card up behind the candle</b>
<b>5 x 8 Cards</b>	<b>Mirror</b>
<b>Colored Pencils</b>	<b>Water</b>
<b>Pencil sharpener</b>	<b>A Light Heart</b>

## **MODULE 0**

### **Bonus Material:**

- 1. WATCH AFTER MODULE 1 SESSION 2  
RAMTHA'S BRAIN TEACHING**
- 2. WATCH AFTER MODULE 1 SESSION 3  
RAMTHA'S ANATOMY OF REALITY**
- 3. WATCH AFTER MODULE 2 SESSION 2  
DEBBIE'S CHLADNI PLATE DEMO**
- 4. WATCH AFTER MODULE 4 SESSION 2  
STORY OF THE WITCH DOCTOR**
- 5. AFTER YOU COMPLETE THE COURSE  
MIRROR PROCESS WITH WEBS**

# MODULE 1

## Session 1:

Welcome/Introduction to Ramtha's School of Enlightenment

Video: Ramtha – Age of Philosopher is Over: Behold God (2015)

### The Four Cornerstones:

1. Behold God
2. Consciousness and Energy create the nature of reality
3. Make Known the Unknown
4. Conquer Yourself
- 5.

Sending-and-Receiving (x4) - Remote View #1 - Future Remote View #2 Results

## Session 2:

Draw, color, and label the Brain diagram and the Triad with the 7 levels of consciousness and energy.

Video: Ramtha - 7 levels of Consciousness (10-11-09)

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### Products Suggestions for Session 2:

- Audio CD-9327.2: Structure and Function of the Brain
    - [https://www.ramtha.com/list/product.ashx?item=Audio\\_CD9327.2](https://www.ramtha.com/list/product.ashx?item=Audio_CD9327.2)
  - Book: Ramtha, The Brain – The Creator of Reality and a Lofty Life
    - <https://www.quantum-cafe.com/List/style.ashx?style=9780988298323>
    - (It has the diagrams and teachings on the brain)
  - Book: Ramtha, A Beginner's Guide to Creating Reality, 3<sup>rd</sup> Edition
    - <https://www.quantum-cafe.com/List/style.ashx?style=7223>
    - (This book edition includes an inspiring autobiography of Ramtha and the story of how he became enlightened in his own words)
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## Session 3 Part I:

Seals (draw body with seals)

Bands (soap bubble, egg, draw and color the bands)

**Bodies (slide)**

**Video: Ramtha – Excerpt (5-21-92)**

**Music Overview**

**Video: Music Montage and 7 song examples**

### **Session 3 Part II:**

**C&E Demo all four teachers**

**Teach Mechanics of the breath**

**Audio: Beginner Tighten Down**

***Prepare for Session 4:***

***Contemplate 3 things to eliminate and 3 things to manifest.***

### **Session 4:**

**3&3 – intentional thought to manifest**

**Create 2 Pages with three words on each page**

**3 to eliminate - 3 to manifest**

**Audio Process: C&E - 3 & 3 then lay down**

**Video: Excerpt from CPR #2**

## **MODULE 2**

### **Session 1:**

**Review C&E breath technique with Volcano graphics PPT**

**C&E - Work on moving energy in the body being aware of where the energy is/ Blow out words**

### **Session 2:**

**CYMATICS video**

**PPT: Bands - Analogical and Binary - Electromagnetic Field,**

**Standing Wave, Frequency Signature harmonic – changing harmonics through thought/  
Introduce carbule vibration**

**Video: Excerpt Intro to UV Egg Process (8-28-08)**

**UV Egg Process**

### **Session 3:**

**Power Point: 2020 Orb Contact**

**Draw Head and Orb inside**

**Play video clips:**

**Video: JZ / Ramtha on Orbs**

**Video: Orbs “You Are never Alone”**

**Video: Excerpt - Hyperspace (11-5-02)**

**Make card/contact session/lay down**

**Short video of orbs from contact session from previous event**

#### **Session 4:**

**Video: Ramtha The New Word of Power (5/28/09)**

**PowerPoint – The Neighborhood Walk. Intro self-correction.**

**Neighborhood Walk #1 (start w/3 powerful breaths then trance and begin)**

**PowerPoint – Neurogenesis - Neuroplasticity - Myelin**

**Product links:**

**Brain That Changes Itself**

<https://www.quantum-cafe.com/List/style.ashx?style=9780143113102>

**The Talent Code**

<https://www.quantum-cafe.com/List/style.ashx?style=9780553806847>

#### **Session 5:**

**Video: Ramtha - Journey of the Soul excerpt (4/3/10)**

**Neighborhood Walk #2**

## **MODULE 3**

#### **Session 1:**

**Intro, C&E Seal Activation, Walk.**

#### **Session 2:**

**Video: JZ – Gladys (9/23/06)**

**PowerPoint (PPT): 2020 Carbules - My Song**

**Video: Ramtha: Genetics of the Future Excerpt (6/6/14)**

### **Session 3:**

**PowerPoint - Physics of Elsewhere**

**Product link:**

**Ramtha CD0237 - <https://www.quantum-cafe.com/List/style.ashx?style=CD0237>**

**Intro Candle Focus / Making cards**

**Video Excerpt: Ramtha Fieldwork & Destiny (6-12-09)**

**Discipline block:**

**Prepare 2 cards and place for focus.**

**C&E warm-up**

**Candle/card #1**

**Blow out candle/liquify**

**Sit up / relight Candle/card #2**

**Blow out candle/liquify**

**Neighborhood Walk until you are satisfied**

### **Session 4:**

**Intro to Candle Focus and Trance Focus**

**Video Excerpt: Ramtha, Candle Focus and the Trance from Dimensional Mind, November 1993**

**Practice session: Candle focus**

**Ramtha Led Audio Process: Candles and Going Down the Steps led by Ramtha (From Dimensional Mind)**

## **MODULE 4**

### **Session 1:**

**Intro and instructions to Create Your Day®**

**Audio Ramtha: Atop the Roof of the World**

**Candle Focus session, into Neighborhood Walk®**

### **Session 2:**

**Video: Illustrated Audio: Symbols (3-12-93)**

**PPT - Blue Body Symbology**

**Video 1: Creating Blue Body (3-12-93)**

## **Video 2: Webbing (3-12-93)**

### **Session 3:**

**Video: D4S2 3<sup>rd</sup> VID-RSE Standard Movie (Ram Instructions)**

**Blue body Card Creation Process**

**Lay Down when finished go into twilight**

**Sit up - BB candle/card**

**Walk as Blue Body**

### **Session 4:**

**Reapply 7 stars/seals + blue webs where you need healing**

**PowerPoint (PPT): Mechanics of the Blue Body Dance**

**BB Demo**

**Blue Body Dance Process, and Lay down and Liquify**

## **MODULE 5**

### **Session 1:**

**Video Ramtha Corridor of Destiny**

**Walk as Blue Body on your own**

### **Session 2:**

**MOV: The Genetic Grid (3/10/93)**

**Video: Ramtha - Introduction to the Blue Grid (1/22/02)**

**Make 1 Grid Card**

**C&E - Candles w/ Grid Card**

### **Session 3:**

**Introduction**

**PPT: The Grid Day**

**Video: Ramtha Progressive Grid teaching (4/18/15)**

**Make New Grid Card**

**PowerPoint (PPT): The Grid**

**Discipline block**

**Candles w/ New Grid Card**

**Blow Out Candle/Blinders Down/Lay down (Continue to Focus on grid card)**

**Torsion Process**

**Grid the Sky**

### **Session 4:**

**Introduction to Mirror Work – Dark Matter/Anti-Matter**

**Video Excerpt: Ramtha - Through the Looking Glass (3/23/03)**

**Video Excerpt: Ramtha – Mirror - Doing List/Cards (10/5/01)**

**\*Choose 2 Cards from those made during this event or you can make two new ones**

**\*Review and Prepare List – choose 3 - 4**

**Video Excerpt: Ramtha – Mirror –Web Face**

**Video Excerpt: Ramtha – Mirror V2 Excerpt #2 Going to the Other Side (10/5/01)**

**Video Excerpt: JZ Petite Chats: Magic Mirror - Time Machine (3/6/02)**

**Video Excerpt: Ramtha Mirror - Hover – Wonderland (10/5/01)**

**Candle - Mirror Process**

## **MODULE 6**

### **Session 1:**

**Grid the Sky – NH Walk**

**Levitation Process**

### **Session 2:**

**Future Remote View revealed**

**How to use “photo of the day” for Future Remote-Viewing**

**PowerPoint – Upcoming events and online resources, plus UFOs in the news**

**Video montage: Ramtha 1998, 2007, 2014, 2019**

**Video: Ramtha BC - Sustaining your changes (7/16/09)**

Note: Thank you for participating in this online event. We look forward to seeing you at school, live or online, in the near future. To a great and remarkable life! So be it.

—The RSE Staff