

Blue Body® Day

Session 1 (2:22)

Welcome and Introduction with Mike Wright

Video teaching from 2007. Ramtha's Blue Body teaching

Session 2 (1:43)

Ramtha's field effect

Make Blue Body card

Apply blue webs to specific areas on body

Blue Body C&E (30)

Discipline on your own: Fieldwork or candle focus on card or Twilight

Session 3 (2:02)

Blue Body Dance demonstration

Blue Body Dance / Twilight

Session 4 (0:55)

Closing announcements and one student's healing

Video teaching from 2009. Ramtha: The Brain Never Sleeps

Blue Body® Advanced Workshop

Module 1 (2 hours)

Session 1 (2:02)

Welcome and Introduction by Mike Wright

Audio excerpt from 1998. Ramtha on Shiva's relationship with you

Prepare your body with webs and stars.

Blue Body Dance.

Liquefy.

Module 2 (8.5 hours)

Session 1 (0:31)

Candles – focus on Blue web or Blue Star

Discipline on your own: Walk

Session 2, part 1 (2:44)

Video teaching from 2013. Ramtha on the unreasonable mind and the Blue Body

Student healing highlights.pptx / Review Heretical Fieldwork

Make BB card

Discipline on your own: Neighborhood Walk

Session 2, part 2 (1:57)

Heretical Fieldwork or candle focus on card

Session 3, part 1 (1:20)

Mike – Dark matter, Nonlocal mind, Partner A & Partner B

Session 3, part 2 (1:52)

C&E / Walk (A) or Twilight (B)

Candles / Twilight

C&E

Discipline on your own: Heretical Fieldwork or Neighborhood Walk or your own candle focus on card

Module 3 (about 4 hours)

Session 1 (0:28)

Candles Blue web or Blue Star

Discipline on your own: Walk

Session 2 (3:12)

Closing announcements

Video teaching from 2011. Ramtha on maintaining the State

(Includes making an card, dance, and laydown)

Discipline on your own: Neighborhood Walk or Heretical Fieldwork or your own candle focus on card