



# Ramtha



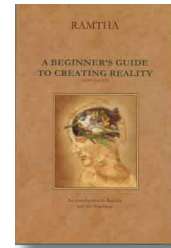
## The Observer Collapses the Fields of Energy

Excerpt from:

*A Beginner's Guide to Creating Reality*  
Third Edition

*“My reality is only equal to my runaway thinking. But what if I were to sit down, still, in one moment, and ask myself what want I from this life? What is it that I have never known? What is it I have never experienced? What about myself?”*

— Ramtha



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Now what is divine in you? What is divine in you is consciousness and energy being frozen through the mechanics of a human brain. It is called the Observer. And where is the Observer? The Observer is inside of your head.

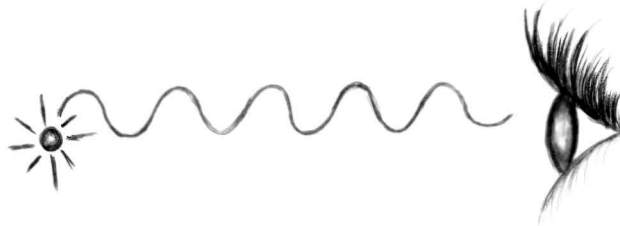
Now if you have the power to create reality, it means that you have the power to affect this field, this field right here [the bands around the body]. And what is this field? All of this [seven levels] in different stages all the way back up to here [Point Zero]. And what is it about you that can affect the field? If you are this entity here [Observer] and you are having a thought right here [frontal lobe], then you are affecting this field around you. How do you do that? All matter, all mass — what you are sitting on, what you are wearing, what your body is made up of — is made up of subatomic particles. How many of you have heard of atoms? Do you not find it interesting that atoms and Adam sound the same, the first man, the first particle? Those particles — What do you think an atom looks like? It has a nuclei; correct? Don't go to sleep. What is composed in the nuclei? Protons. What else? What else? What is inside a proton? Quark. So where did they come from? Right here [sixth plane] is the quark field. Down here is the proton field [fifth plane]. Down here [fourth plane] is the closure of the nuclei. And all down here [first, second, and third planes] is the racing of matter and antimatter, what is called electrons and positrons. So all an atom is is the availability of potential.

If you unfurl an atom at its nucleus level, you have an atomic bomb. How many of you know the power of an atomic bomb? Isn't it interesting that the energy comes from that

## The Observer Collapses the Field

which is hidden? The smaller the particle, the more powerful the energy. Did it ever occur to you, beginners, where that energy came from? Perhaps the energy that is unfurled in the splitting of the nucleus is really splitting apart this coiled energy that has been tightened down through the slowing of time. Does that make logic to you? Is that a nice philosophy? Because if you rupture it, the kind of energy that you get is the sort of energy that is common on these levels. And that is what an atom is. All it is is that which is hidden, seven levels of reality in a particle.

*Fig. 15: Collapse of the Energy Wave into a Particle*



Now what affects the atom? Why? If all matter is made up of atoms, how did it get there? All an atom is is atmospheres of other planes coagulated and closed. Are they sensitive? Well, if we have a nuclei here and then we have the outer shell here and we have orbiting electrons, positrons, that then means that every electron that moves around this atom moves around this atom because we allow it to move around the atom. And how is it that we allow? We take it for granted. In other words, you are the Observer. If you focused on this particular particle, this atom, if you focused on its electrons, you could reverse the spin of the electrons around this atom. Why could you do that? Because that is your divine nature. If you are supposed to evolve and to make known the unknown, what is the faculty in you that is responsible for doing it? It is focused consciousness. When you have a thought and if you were to focus on this atom by adding electrons or taking them away, you would change the nature of its energy.

Why? The field that exists between you and I you don't see, and because you don't see it it is doing this. It is in motion, momentum. The moment you stop to look at the atmosphere between you and I, you start to see little lights. How many of you have seen those? You have? Well, so someone told you that was just something happening with your eyeball? That is not anything happening with your eyeball. Those little lights are, in effect, this energy wave collapsing into a particle with an orbital light, which is called the electron. The moment you stop focusing on the invisible field, the lights disappear and then all you

## The Observer Collapses the Field

see is what you are looking at in the near distance, you to I, I to you. As long as you ignore this field, it stays inert, meaning you don't activate it, so it stays status quo. The moment that you focus on what is hidden, you unveil what is hidden.

Now consciousness and energy creates the nature of reality. Any solid object is made solid by the creator of that object, and the creator of that object agrees that it is solid, so it stays solid. But the truth is when you go to sleep tonight, your bedroom will disappear or it will fuzzi out and the light in your refrigerator will fade, because the moment that you go to sleep you are no longer observing your room, and the moment you no longer observe your room, it fuzzes out. How many of you agree? That is the way it is.

Now then how is it that you can open one little eyelid and gaze around the room and see everything the way it is supposed to see? Who determines that it is going to be that way? How many of you say you do? You are correct. But what if you woke up one morning and saw that you were in the twenty-third universe? What would happen to your room? Well, it depends. You see, this is a trap, because if you woke up thinking you were in the twenty-third universe and knew absolutely that you were there, you would be there. It would be very clear. The moment you asked yourself what happened to my room, you would wake up. Have you got it? Now you are so powerful that whatever you put here [frontal lobe], no matter if it is trash or divinity, it affects energy.

Whatsoever you think is either freeing energy up from its past or collapsing it into its future. This is energy. What happens when we focus on it? It becomes mass. What happens when we forget about it? Party time. This is the way it works. Now down here you have a fabulous atmosphere of all these potentials, but what happens and the reason people stay on the same timeline incarnation after incarnation after incarnation is because what they have done is they have given their conscious power over to the needs of their body. And so what they do, they are born into a body who is genetically predisposed to be a certain way. And so they allow the body to grow up and have its way. The body is on genetic automatic pilot. Are you with me? How many of you are still with me?

Now as long as the body is on automatic pilot, it means that everything is set for your life. Nothing is moving in and out of it; it is all set. So you go day in and day out allowing your body to create reality. Now what does your body know about creating reality? It knows only to survive and that it needs food to survive and that it needs sleep and that it needs to be urinated, it needs to have its waste removed from it, and after rest it is rejuvenated. That is what it knows. That is called survival. Most people, although highly educated, never get beyond the level of survival in their life. They never move into free space of creativity so magic, as it is termed, never happens to them. If the body and the brain are operating on a day-to-day life, then what is tomorrow going to bring? You know what tomorrow is going to bring because you have lived millions of tomorrows, so your tomorrow is just your past. And if you go to school and you learn all of this knowledge, all it is is memorized theory. And the only reason you learn that is so that you can make a living to feed your body. How many of you understand?

## The Observer Collapses the Field

So now if you are magnetically attracted to another person, you may never have been ever attracted to this Spirit before but you are attracted to this body type. And why? Because the body type is equal to the body type and complements the one that you have. There is a magnetic resonance involved. So you have relationships and you have copulation; then you bear children. What kind of children are you going to have? You are going to have children that are slightly improved from you, but are they born with an ability to intuitively create or are they needing to be educated in order to create? So now how many lives do you think you have lived like this to where you have just allowed your body to dictate your life? Infinite.

So why is magic so important? Because magic never happens openly to those who are living a life dictated by their genetics. Why? Because it is the Observer in us, it is the Spirit in us, that has the power to reveal what is hidden, not the body. But if we are weak and live only for our material self, we never develop the focus necessary to unveil the distance between you and I into a reality. So you want to get away from this life? You think it is so terrible? It is a blessing because no matter if you die tonight, you are going to be born back into this existence. And what kind of parents are you going to come back to? Those that are equal to your level of acceptance now. And so then you are going to be born again. This body and this brain are going to die, and all of its cognitive memory will perish with it. And so now you are in a brand-new body that you have to go about learning again and are a little uncertain about its genetic programming.

So you won't remember this life. And you think this is bad and you want to get out of this life, but you are just jumping into another fire. And do you know how many times you have been doing it? For eons. Let us say safely that you have been on a static progress since forty thousand years ago. And so who is responsible for all of this technology? A few people. And why did they bring about such technology? Because those beings had an ability that you are going to learn, you are going to be inspired, and you are going to develop. It is the ability of imagination to take knowledge and put it together in building blocks of thoughtful creativity and then to be possessed of that thought. If you are possessed of such an imagination for a period of time and your level of acceptance is that you accept it, that thought is going to affect this field and what used to be will dissolve and move into a liquid state. Imagination will re-effect this state and it will coagulate, not as it used to be but as it will be.

Spiritual people are the people who have led discovery. Spiritual people have been the philosophers of old that have given to you and your generations the groundwork of a philosophy that always talks about what is hidden within the individual. And it has only been a few sparkled through every civilization that have made an indent on the culture as a whole. But you were not responsible for the microchip. You were not responsible for the physics of the microchips. You were not the creator of rupturing the nuclei of an atom, nor were you the entity who created telepathic uses in the form of a telephone. You

## The Observer Collapses the Field

did not create the microwave. You did not create the television. You did not create the automachine. You did not weave the carpet that you are sitting upon. So what did you do? You worked for them.

Now when we wake up consciously, there comes a moment that we know. I had my moment and you will have yours. And in that moment we are suddenly separated from our ignorance and uplifted into a mist of freedom. It is called knowingness. The moment that you know that your focused thought affects life, when you really know that is the moment that you will start to take care to discipline your thinking, because if this runs away with you it will destroy you. If the Spirit is awakened in it, it will liberate you. Joy is not being physical. Joy is being the lord of the physical, not its slave.

So if you have created everything in your life, people, you are responsible for everything you have done for yourself. You are responsible for your successes and your failures, and it was you who determined they were successes or failures. If you were the person responsible for your happiness or your depression, it was you who chose to feel those ways, and it was as simple as that and always has been.

The moment that you know that your mind can shift this and accelerate it, the moment you know that, your life changes in that moment. And how does it change? It says, "Now I know the power was within me, that whatsoever I think, I create. My reality is only equal to my runaway thinking. But what if I were to sit down, still, in one moment, and ask myself what want I from this life? What is it that I have never known? What is it I have never experienced? What about myself? If I use less than a tenth of my brain, what must I do to activate the rest of it? And what far potential would I possess if indeed I could do that?"

Now you make a list. What would you want to do? If your life could be longer and you could change anything according to what you are thinking and according to your acceptance, how different would you be today? Vastly different, vastly different, because at that moment then, you would understand that the brain operates on flashes of pictures, holograms, and that every time they flash we call this thinking, and that every time it flashes it occupies this space right here [frontal lobe], and every time it flashes from this point here it is affecting this field.

What if then I could draw a thought, and what if I could hold that thought right here for a deliberate period of time, would the same law apply to a deliberate use of the Observer's principle in creating reality? Indeed it will, because the moment you hold it here with utter acceptance is the moment you change your timeline. Everything starts to change into a flux. What you dream here, what you hold here [frontal lobe], when you get up your life will start to fall apart and you will say, "This is not what I saw." Yes, it is what you saw because as everything falls apart, what we are saying is if we could dismantle the particles in a table, the table would disappear and what we would have would be a radiant light-field where the table once was. That is change, is it not? So how constricted is your life? The life that you have had on this timeline has been stuck and

## The Observer Collapses the Field

keeps reincarnating itself. What is beyond this place? Is there more to live, more to be, more to know? There is indeed. But what must you do to get in the timeline? You have to dissolve the past, because everyone in this room thinks in terms of their future based on their past. And what holds you there? Guilt, negativity, fear, and afraid to change. So what happens when you focus on something wonderful in your life? A lot of things in your life are going to fall apart. Why? Because the energy that holds them together must be liberated so that what you are wanting can be re-formed.

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