

Blue Body® Day

Session 1 (2:22)

Welcome and Introduction with Mike Wright

Video teaching from 2007. Ramtha's Blue Body teaching

Session 2 (1:43)

Ramtha's field effect

Make Blue Body card

Apply blue webs to specific areas on body

Blue Body C&E (30)

Discipline on your own: Fieldwork or candle focus on card or Twilight

Session 3 (2:02)

Blue Body Dance demonstration

Blue Body Dance / Twilight

Session 4 (0:55)

Closing announcements and one student's healing

Video teaching from 2009. Ramtha: The Brain Never Sleeps