

Class 101: Remarkable Mind On-Demand Event – 2016

Module 4

Day 4

Module 4 – Session 1 (25:23) + Neighborhood Walk® (30)

- **Focus Session: Candle Focus** (Start Time: 0:00)
- **The Neighborhood Walk® out in nature at your own pace** (30 mins)

Module 4 – Session 2 (2:30:03)

- **Introduction to the discipline of Fieldwork® and making cards for focus** (Start Time: 0:00)
- **Make 2 cards for Fieldwork®** (Start Time: 46:50)
- **Video Excerpt Teaching by Ramtha, June 12, 2009: “Fieldwork® & Destiny”**
(Start Time: 1:16:20)
- **Fieldwork® Demo** (Start Time: 1:20:13)
- **Focus Session: Fieldwork® in action** (Start Time: 1:40:00)
- **Instructions for online students without a Field for Fieldwork®** (Start Time: 1:43:10)
- **Focus Session: Fieldwork® at your own pace** (45 mins)

Module 4 – Session 3 (50:21)

- **Instructions for next session of Fieldwork® and making new cards for focus**
(Start Time: 0:00)
- **Focus Session: The Neighborhood Walk® (30 mins), into Fieldwork® (60 mins)**
- **Focus Session for those without a field: Candle Focus with your cards** (Start Time: 5:18)

Module 4 – Session 4 (2:41:21)

- **Acknowledgment of students who accomplished the discipline of Fieldwork®**
(Start Time: 0:00)
- **Introduction to Blue Body® and the symbology of Shiva** (Start Time: 5:15)

- **Instructions for applying Blue Webs on the body for healing and restoration**
(Start Time: 14:10)
- **Instructions for the Blue Body® Dance and Demo** (Start Time: 37:40)
- **Guided Practice Run for the Blue Body® Dance** (Start Time: 1:04:20)
- **Focus Session: Blue Body® Dance** (Start Time: 1:19:10)
- **Focus Session (continued): Blue Body® animation video clip** (Start Time: 2:35:00)
- **Conclusion of Module 4**