

SUSAN'S STORY - 1960's to 2014

I grew up going to the Christian Science Church and, then, moved on to Joel Goldsmith Taped Teachings when my Mother left the Church in the early 60's. So I knew healing was possible from a young age, but never really 'got into it'.

I have had a long history of Tri-geminal Neuralgia on the left side of my face. It began with my first pregnancy in 1976. There were operations and deadly pain (about once a year) through the year 1983. It was so horrible that I just told God that I never wanted to face it again. And all was basically quiet for many years, save for 2 short instances when I moved household (too much heavy work and stress).

Meanwhile, I was first introduced to Ramtha and the Teachings December 31, 1983, with the 1st Hawaiian Video. I was Hooked from that moment on with that Unconditional Love that seemed to ooze out from our TV screen. That was the Love I wanted more of!!

In 2002 I moved yet again with my heavy load of well Treasured buckets and boxes for the "Days to Come". The pain started up and slowly became an often nuisance.

By 2008 I had moved again and retired to enjoy just working on our own place. But, by 2009, I realized that I was going to have to face my problem as the pain had become debilitating for weeks at a time.

So my inward journey with My God slowly began to reveal the purpose of it all. I knew that I could be a victim NO more. I had been avoiding it for so long, even way before this lifetime. My Soul demanded that I change now: forgive and let go of my past. I need to learn to love every cell in my body or I would only have to go through it the next lifetime round.

By this time it was my joyful habit to create my healing cards and still keep current with the Teachings. Runners and little manifestations continued in all aspects of my life. But, by 2013 despite more drugs and another operation, I was still in BIG trouble.

- Mid July I know that I have created all of this - every time - all these years.
I am solely responsible.
I want to understand why I seem to be addicted to this suffering.
I want to accept my worthiness to let go of these old attitudes and habits.
I began focussing on my Radiant Health and:-
- a) not 'beating myself up' for starting the anti-seizure drug whilst knowing that all my everyday body functions and habits become very impacted and lessened, including my brain.
 - b) doing my very best to continue with my disciplines in whatever way works.
I am good at doing cards and putting them everywhere around the house so those images get refreshed all day long.
 - c) another less invasive option of surgery that new, younger doctors might know of.
 - d) being 'all done' by end of 2013.
I do not want to be drug dependent if something Big were to happen.
 - e) Often I asked Ramtha for help/Runners using the "Eye" card and his pictures placed around the house. I promise to just "go for it" without doubting or questioning whatever comes.
- July 23rd I asked my Family Doctor for a referral to the specialist who replaced the now-retired surgeon for my last operation April, 2011.
- Aug. 12th I met Hank Jones II online and 2 days later had a Quantum Healing Touch Hypnosis Session (developed by Dolores Cannon). He had never done one online before, but we agreed to try it out as I was unable to travel to him in Texas.
Before the Session I asked for help for 3 things: tri-germinal nerves, eyesight and hearing.
During the Session I asked for helpers and had 2 Archangels (Azriel and Gabrielle) appear immersing me in such unconditional love, just as Ramtha does. They blue-lazered my entire body, concentrating first on my head. At the end, they announced, "It Is Done."
It all took about 4 hours.
These 2 particular Beings represent just the qualities of help and understanding that I had asked for. Thanks, Ramtha, for these Runners! They were then, and continue to be, as real to me as Ramtha is and I can 'talk' to all of them at times.
- Aug. 25th I realized that the drug was not effective in keeping the pain down, even with continued increases. I was beginning to feel a bit panicky.

Sept. 4th	I asked the 2 Archangels how much longer I must wait for more results and was told "1 more week."
Sept. 9th	The specialist Doctor's office finally phoned with a cancellation appointment for Sept. 11th. The receptionist lets me know that my case is considered most urgent and that is why she is trying to fit me in on such short notice.
Sept. 11th	<p>1 week later!!</p> <p>I met the (young) Brain and Spinal Neurosurgeon. He said the Real reason that I was transferred to him (and not the other Doctor) was because his passion is helping those patients with Tri-Geminal Neuralgia. He said that he does not understand why, but he is driven to do that.</p> <p>And he can offer me a (new to B.C.) option like I asked for in July. He trained in Alberta where it was being used successfully, and since the 1980's. The results are totally effective with immediate cessation of pain for most patients for up to 10 years, at least. He said that he will be able to do the operation by, at least, the end of the year. He had other brain operations to do. I replied that I am available any time with just a 1 days' travel notice - "How about October?" He hesitated and said "Maybe", but not very convinced that that early of a date would be at all possible.</p> <p>I was also given a prescription for a 2nd drug to be started right away, as it was evident to him also that the 1st one was not working. This 2nd one is very effective, but it will take some weeks to kick in fully.</p> <p>Now I had double the side effects to deal with.</p>
Sept. 23rd	I was still barely managing to live with the continuing and increasing pain level. I phoned the Doctor's office and am told that his wife has just had their 2nd son and he could now set up his new surgery schedule.
Sept. 25th	I am phoned and told that the Doctor has "moved heaven and earth" to get an operation date of Oct. 16th for me - just 2 weeks away AND in Oct.
Oct. 16th	Operation is done and I was just barely coming to. The Doctor strides in excitedly saying, "Touch your face. Touch your face. I think it is 100%."

Now I had not been able to touch the left side of my face and all of the forehead for over 5 weeks, even the slightest. BUT I can touch it and there is NO pain!!! Yahoooo
 He reminded me that I still did have the TG Neuralgia and the operation was only to block that pain. So he told me to take the next 6 weeks and see how everything goes.
 So I continued to hold my focus on complete healing while reminding myself that "It is Done."

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| Mid Nov. | Friends I see and 'bump' into around town, etc. have started to immediately say how good I look!
And I acknowledge to myself gratefully and humbly, "I know that it is done. Thank you, my God. So be it." |
| Nov. 22nd | My normalcy continues to slowly return. I am just beginning to rinse my face under the shower head - the 1st time in over 2 years. |
| Nov. 24th | I have noticed that my ability to do candle focus has become more normal now that I am almost finished with drugs. |
| Nov. 28th | My 6 week check-up is for this date. |
| Nov. 30th | The Dr. said that I was "GOOD TO GO" for the rest of my life!!!!
Wahooooooo
The little tingles and numbness in the left side of face will disappear over the next couple of months.
So, he said to just go and do whatever I want to now!!!
NORMAL - SO BE IT!!!! |
| Jan. 7th
2014 | I now reside in a new neighbourhood and enjoy such Peace with myself. I am delighted and so grateful each day to learn what being 'normal' means. I accept my worthiness!! My friends continue to comment on how vibrant and healthy I now look. |

I used to feel ashamed and guilty that I had not healed myself earlier. Now I have let that old, old attitude go and am amazed at all that I have learned thus far in my journey. I will never, ever forget to live through my God Mind in total Trust every day. I am sure that I would not be alive and well today without Ramtha, JZ and the wonderful Teachings.

I also continue my focus for my T.G. Nerves to heal completely after all the operations and return to perfect health and functioning. It is already so and becoming manifested in my cells. So be it!!

**Dr. Michael Nikolakis, MD, FRCSC
Neurosurgery**

To: Dr. Dalla-Lana

Re: Susan Ann Hals
DOB: 22 Sep 1947
PHN: 9038 020 344
Address: 7685 GN Road, Grand Forks, BC V0H 1H2
Phone: (250) 442-2942
Date of Assessment: September 11, 2013

I was asked to see Mrs. Hals regarding a diagnosis of left-sided trigeminal neuralgia. According to Mrs. Hals, she has been suffering with this disease for 37 years. She was diagnosed in 1976. During this time, she has tried multiple medications and had excellent pain relief for several years with carbamazepine. The efficacy of this medication, unfortunately, declined in the last five years and she is now currently on Lyrica, which she finds only minimally effective.

Mrs. Hals has also undergone four prior surgical procedures. The first appears to be a sub-temporal decompression, which was performed in 1976. She has also undergone three trigeminal rhizotomies, the most recent of which was performed by Dr. Faridi. During this last operation, Dr. Faridi also resected the left supra-orbital nerve.

Mrs. Hals is, unfortunately, still suffering from severe left-sided trigeminal neuralgia. This is most severe around her left cheek, the top of her left eye, over her left forehead, and up to her scalp. There are several trigger points, particularly around her left eye. The pain is so excruciating that she has not washed her hair in four days.

Past medical history reveals an otherwise healthy 65 year-old woman. She is a non-smoker. She takes the occasional anti-inflammatory for neck pain. She has no allergies.

On physical exam, Mrs. Hals has a scar just anterior to her left ear. She has decreased sensation over the entire left side of her face, but this is most dense over her left forehead and up past the hairline.

Impression: Left-sided trigeminal neuralgia.

Plan: I have recommended a left-sided trigeminal balloon compression. I have warned Mrs. Hals that the probability of surgical success is lower due to the fact that she has had four prior operations. Nonetheless, I am optimistic that she will experience complete or near-complete pain relief. We have gone over the expected outcome of surgery, as well as the potential risks. I have told Mrs. Hals to expect numbness over the left side of her face, which she already has. She may, in fact, not notice much of a difference. I will make arrangements for surgery in the near future.

Sincerely,

Dr. Michael Nikolakis, MD, FRCSC
Neurosurgeon

Dr. Michael Nikolakis
M.D., BSc, FRCSC
Neurosurgery

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Kamloops BC, V2C 6L1
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NOT FOR THIRD PARTY RELEASE

To: Dr. Brownlee

Re: HALS, Susan Ann
DOB: September 22, 1947
Age: 66
Phone: (250) 442-2942
PHN: 9038 026 344
Address: 7685 Gn Road Grand Forks, BC V0H1H2

Date of assessment: November 28, 2013

Dear Dr. Brownlee,

Mrs. Hals was seen in follow-up today. She had undergone a **left percutaneous trigeminal balloon compression** on October 16, 2013. The indication for surgery was severe left trigeminal neuralgia causing incapacitating pain.

Mrs. Hals returns to report that her left-sided facial pain is completely gone. She says that when she awoke from surgery, she had no pain and there has been no sign of recurrence since then. She is overjoyed with the results of surgery, and she is almost off all of her pre-operative analgesics.

Mrs. Hals has noticed some mild left-sided facial numbness, which I told her would of course occur. She is also noticed that her left eye feels a bit dry, but that this symptom is improving. She has not suffered any postoperative complications.

Impression: Successful left percutaneous trigeminal balloon compression. Mrs. Hals is extremely happy with her surgical outcome.

Plan: Mrs. Hals does not require any further follow-up with myself. She is safe to be discharged from my practice.

Sincerely,



Dr. Michael Nikolakis, MD, FRCSC
Neurosurgeon

December 18, 2013

Dear Dr. Nikolakis,

Upon reading a copy of the letters sent to Dr. Dalla Lana, I feel that I want to add the following information to make my story more complete.

Please refer to the enclosed copy of your letter dated September 11, 2013.

#1 - She began having severe pain in 2007 and had to begin various medications. She ended up on Carbamazepine and 5 Botox injections by Dr. Dermot Adams through December, 2010.

He agreed at that time that nothing was decreasing the pain and finally referred her to the Neurosurgeon, Dr. Faridi.

Dr. Faridi operated April, 2011, but the pain began again by that September. She remained drug free, but often had severe pain episodes for days and weeks. By July, 2013, she realized that drugs and a referral to the new Neurosurgeon would be necessary.

Continued

#2 - , now her left side of face for 5 weeks.

I would like to see more doctors informed of the Balloon Compression option and of the use of Baclofen and Tramadol / Acet. for the pain. I know that there are many others that need this help also.

I commend the entire medical staff that have had input into my care these last 5 years. Each one showed respect and compassion as they sought to help me the best that they could.

I also thank you again, Dr. Nikolakis, for my new life!

Sincerely,

Susan Hale

7685 G.N. Rd.
Grand Forks, B.C.
V0H 1H2

c.c. Dr. Dalla Lana

3

Dr. Michael Nikolakis, MD, FRCSC
Neurosurgery

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Neurosurgeon