PERSONAL HEALING STORY

My name is Linda Martel and I've been a student of Ramtha’s School of Enlightenment (RSE) since 1994. In September 2013, I was diagnosed with breast cancer. It had developed within a 16.7 cm mammary hamartoma and was not detected by annual mammograms.

Mammary hamartomas are very rare, characteristically benign, slow growing breast tumors (it's like having a breast within a breast). They are not a marker for increased risk for breast cancer development and the excision is not typically advised. The occurrence of malignancy in this benign tumor is extremely rare. This was the first reported case of malignancy a the University of Washington Medical Center in Seattle (UW). My doctor told me that there had been only 15 cases reported worldwide. UW published an article in January 2015 about my case in The Breast Journal.

In August 2013, I was really concerned about the increasing size of my breast and my doctor recommended further testing. The mammogram and ultrasound did not detect any trace of cancer. It was only shown in the MRI and biopsy.

The UW January article concluded “This case demonstrates the importance of recommending further imaging and/or histologic sampling if on either patient self-exam or clinical breast exam, a breast mass grows or exhibits features atypical of a hamartoma”.

I am ever so grateful that I did follow medical advice and went for further tests. The medical team was excellent on all levels. I am also grateful for the teachings I received from Ramtha on healing, which I applied through the cancer treatments and still do. I always kept my focus on radiant health. I also want to sincerely thank all of my fellow students who did focus on me through this process and my husband Charlie Roy and family for their love and support. The latest tests showed no sign of cancer. Hourra!!!

The purpose of my message is that if this can help someone you know who has a concern with a mammary hamartoma to not hesitate to follow medical advice and get further test. I am grateful to be part of the school and have the knowledge of self -healing. I also know that it is very important to ask for medical advice.

Thank you Ramtha for the priceless teachings, JZ for the advice you gave me in the Q&A of October 2013 and everyone who focused on me. This is unconditional love.