To begin with, I went on vacation recently and took some photos during that vacation. I got inspired to tell my personal story of alien contact in my life thus far.

The first experience that I remember of alien contact happened the summer of 2011 while doing a focus session and then afterwards laying down for a twilight session. I had what seemed to me like a lucid dream experience and was taken by an alien presence and then worked on, like uh, like doctored up. . . .you know what I mean?

What happened was, I got hooked up to a machine and the beings were shadowed. That means that I couldn’t see them. But when I came out of what felt like a dreaming state, there were actual marks on my body, physical marks, that looked very simple, just 3 dots that formed a triangle. And so that led me to contemplate that it was more than just a lucid dream that I had that day.

Over these past several years, I’ve had the same experience, where I am taken in a craft and I’m given certain physical treatments and once again every time I have these markings on my physical body when I come out of these experiences. In the past 6 months, these experiences have stepped up a little bit to where they’re happening more frequently. I would say for me, the really cool thing about all of this now is that these beings don’t have to shadow themselves anymore, and I get to hear what language they speak - not that I understand it though, because I don’t. But I have never felt, especially from my last experience, I’ve never felt so cared about, I can almost say almost ever in my life. I was treated with such compassion and such caring that coming out of this experience, I was truly amazed. I felt completely loved and I don’t even know how to put it. . . .like people really, really truly wanted to look after me and help me. I could feel it. It was amazing.

In my understanding, the reasons for being examined were healings on my body, but were also help in things that I’ve been wanting to do, the dreams in consciousness and energy and working on my life and changing who I am. I’ve been receiving help in that. I also see patterns changing in my genetics. Ever since I started doing C&E, candles, twilight, cards, roulette, grid work, and neighborhood walk, I’ve had reoccurring dreams of visiting my mother’s or my father’s house. I’ve struggled with changing the pattern of what is was. And now after years of work, preparation, and my last alien encounter, when I visit these places in my lucid mind, my travelling mind, my mother’s and father’s house is either torn down or rebuilt or changed in some way. I can feel these effects in my body and mind. I love my Mom and Dad; I’m just moving out of their house, that’s all.

One of my vacation photos was a picture of the sun, with what looked like an eye floating above it. The very interesting part of that is that for years now, when I put my blinders on, I see an eye, very clearly, ever-present, and ever watching me. I find it fascinating that this is a manifestation of me being trained in the void. The eye will disappear and hands and feet will appear. They will be pointing a direction, to the right, to the left, up or down, and feet will appear in order for me to move in a certain direction. What I’ve realized is that to develop the ability to travel, to move in consciousness and energy, there is a training that goes on to where you can start to explore the space that is the void, rather than being your body looking straight forward very rigid. There may be a set of stairs or a tunnel or a doorway that’s 3 feet up and just 5 feet over from the right, and you need to learn how to travel to get there. That can be accomplished by the most simple ability to be able to turn to the right and see what is in that direction. I don’t know if I should use the word feet as a measurement in that, it’s just up and to the right, there’s a door. I was excited when I saw the picture from my vacation and it made me think of so many nights and so many focus session that I’ve been having this training occur. I’m also being trained in being with other worldly entities and leaving the planet. It seems to be that all of my image is tied up around this planet. The ability to be away from this planet without “losing it” is also an important thing and from my experience, it’s taken baby steps to be able to be away and be ok with it.

In conclusion, there is no conclusion because the work goes on every day and the progress goes on every day. From my experience, learning the fundamentals and being able to work and allow those fundamentals, creates small steps to big reality.