

CLASS 101 ONLINE EVENT PROGRAM GUIDE

If you have questions or need non-technical assistance with the your
Class 101 Event, please email class101@ramtha.com

SUPPLIES NEEDED FOR THE PROGRAM

Blindfolds	Notebook for Notes
Yoga type mat for the floor	Candle
Pillow to sit on comfortably	Something to prop a card up behind the candle
5 x 8 Cards	Mirror
Colored Pencils	Water
Pencil sharpener	A Light Heart

MODULE 0

Bonus Material:

1. WATCH AFTER MODULE 1 SESSION 2
RAMTHA'S BRAIN TEACHING
2. WATCH AFTER MODULE 1 SESSION 3
RAMTHA'S ANATOMY OF REALITY
3. WATCH AFTER MODULE 2 SESSION 2
DEBBIE'S CHLADNI PLATE DEMO
4. WATCH AFTER MODULE 4 SESSION 2
STORY OF THE WITCH DOCTOR
5. AFTER YOU COMPLETE THE COURSE
MIRROR PROCESS WITH WEBS

MODULE 1

Session 1:

Welcome/Introduction to Ramtha's School of Enlightenment

Video: Ramtha – Age of Philosopher is Over: Behold God (2015)

The Four Cornerstones:

1. Behold God
2. Consciousness and Energy create the nature of reality
3. Make Known the Unknown
4. Conquer Yourself
- 5.

Sending-and-Receiving (x4) - Remote View #1 - Future Remote View #2 Results

Session 2:

Draw, color, and label the Brain diagram and the Triad with the 7 levels of consciousness and energy.

Video: Ramtha - 7 levels of Consciousness (10-11-09)

Products Suggestions for Session 2:

- **Audio CD-9327.2: Structure and Function of the Brain**
 - https://www.ramtha.com/list/product.ashx?item=Audio_CD9327.2
- **Book: Ramtha, The Brain – The Creator of Reality and a Lofty Life**
 - <https://www.quantum-cafe.com/List/style.ashx?style=9780988298323>
 - **(It has the diagrams and teachings on the brain)**
- **Book: Ramtha, A Beginner's Guide to Creating Reality, 3rd Edition**
 - <https://www.quantum-cafe.com/List/style.ashx?style=7223>
 - **(This book edition includes an inspiring autobiography of Ramtha and the story of how he became enlightened in his own words)**

Session 3 Part I:

Seals (draw body with seals)

Bands (soap bubble, egg, draw and color the bands)

Bodies (slide)

Video: Ramtha – Excerpt (5-21-92)

Music Overview

Video: Music Montage and 7 song examples

Session 3 Part II:

C&E Demo all four teachers

Teach Mechanics of the breath

Audio: Beginner Tighten Down

Prepare for Session 4:

Contemplate 3 things to eliminate and 3 things to manifest.

Session 4:

3&3 – intentional thought to manifest

Create 2 Pages with three words on each page

3 to eliminate - 3 to manifest

Audio Process: C&E - 3 & 3 then lay down

Video: Excerpt from CPR #2

MODULE 2

Session 1:

Review C&E breath technique with Volcano graphics PPT

C&E - Work on moving energy in the body being aware of where the energy is/ Blow out words

Session 2:

CYMATICS video

PPT: Bands - Analogical and Binary - Electromagnetic Field,

**Standing Wave, Frequency Signature harmonic – changing harmonics through thought/
Introduce carbule vibration**

Video: Excerpt Intro to UV Egg Process (8-28-08)

UV Egg Process

Session 3:

Power Point: 2020 Orb Contact

Draw Head and Orb inside

Play video clips:

Video: JZ / Ramtha on Orbs

Video: Orbs “You Are never Alone”

Video: Excerpt - Hyperspace (11-5-02)

Make card/contact session/lay down

Short video of orbs from contact session from previous event

Session 4:

Video: Ramtha The New Word of Power (5/28/09)

PowerPoint – The Neighborhood Walk. Intro self-correction.

Neighborhood Walk #1 (start w/3 powerful breaths then trance and begin)

PowerPoint – Neurogenesis - Neuroplasticity - Myelin

Product links:

Brain That Changes Itself

<https://www.quantum-cafe.com/List/style.ashx?style=9780143113102>

The Talent Code

<https://www.quantum-cafe.com/List/style.ashx?style=9780553806847>

Session 5:

Video: Ramtha - Journey of the Soul excerpt (4/3/10)

Neighborhood Walk #2

MODULE 3

Session 1:

Intro, C&E Seal Activation, Walk.

Session 2:

Video: JZ – Gladys (9/23/06)

PowerPoint (PPT): 2020 Carbules - My Song

Video: Ramtha: Genetics of the Future Excerpt (6/6/14)

Session 3:

PowerPoint - Physics of Elsewhere

Product link:

Ramtha CD0237 - <https://www.quantum-cafe.com/List/style.ashx?style=CD0237>

Intro Candle Focus / Making cards

Video Excerpt: Ramtha Fieldwork & Destiny (6-12-09)

Discipline block:

Prepare 2 cards and place for focus.

C&E warm-up

Candle/card #1

Blow out candle/liquify

Sit up / relight Candle/card #2

Blow out candle/liquify

Neighborhood Walk until you are satisfied

Session 4:

Intro to Candle Focus and Trance Focus

Video Excerpt: Ramtha, Candle Focus and the Trance from Dimensional Mind, November 1993

Practice session: Candle focus

Ramtha Led Audio Process: Candles and Going Down the Steps led by Ramtha (From Dimensional Mind)

MODULE 4

Session 1:

Intro and instructions to Create Your Day®

Audio Ramtha: Atop the Roof of the World

Candle Focus session, into Neighborhood Walk®

Session 2:

Video: Illustrated Audio: Symbols (3-12-93)

PPT - Blue Body Symbology

Video 1: Creating Blue Body (3-12-93)

Video 2: Webbing (3-12-93)

Session 3:

Video: D4S2 3rd VID-RSE Standard Movie (Ram Instructions)

Blue body Card Creation Process

Lay Down when finished go into twilight

Sit up - BB candle/card

Walk as Blue Body

Session 4:

Reapply 7 stars/seals + blue webs where you need healing

PowerPoint (PPT): Mechanics of the Blue Body Dance

BB Demo

Blue Body Dance Process, and Lay down and Liquify

MODULE 5

Session 1:

Video Ramtha Corridor of Destiny

Walk as Blue Body on your own

Session 2:

MOV: The Genetic Grid (3/10/93)

Video: Ramtha - Introduction to the Blue Grid (1/22/02)

Make 1 Grid Card

C&E - Candles w/ Grid Card

Session 3:

Introduction

PPT: The Grid Day

Video: Ramtha Progressive Grid teaching (4/18/15)

Make New Grid Card

PowerPoint (PPT): The Grid

Discipline block

Candles w/ New Grid Card

Blow Out Candle/Blinders Down/Lay down (Continue to Focus on grid card)

Torsion Process

Grid the Sky

Session 4:

Introduction to Mirror Work – Dark Matter/Anti-Matter

Video Excerpt: Ramtha - Through the Looking Glass (3/23/03)

Video Excerpt: Ramtha – Mirror - Doing List/Cards (10/5/01)

***Choose 2 Cards from those made during this event or you can make two new ones**

***Review and Prepare List – choose 3 - 4**

Video Excerpt: Ramtha – Mirror –Web Face

Video Excerpt: Ramtha – Mirror V2 Excerpt #2 Going to the Other Side (10/5/01)

Video Excerpt: JZ Petite Chats: Magic Mirror - Time Machine (3/6/02)

Video Excerpt: Ramtha Mirror - Hover – Wonderland (10/5/01)

Candle - Mirror Process

MODULE 6

Session 1:

Grid the Sky – NH Walk

Levitation Process

Session 2:

Future Remote View revealed

How to use “photo of the day” for Future Remote-Viewing

PowerPoint – Upcoming events and online resources, plus UFOs in the news

Video montage: Ramtha 1998, 2007, 2014, 2019

Video: Ramtha BC - Sustaining your changes (7/16/09)

Note: Thank you for participating in this online event. We look forward to seeing you at school, live or online, in the near future. To a great and remarkable life! So be it.

—The RSE Staff