

**ITALY  
ADVANCED RETREAT  
11-19 AUGUST 2017**

<b><u>TITLE</u></b>	<b><u>ARTIST</u></b>	<b><u>ALBUM</u></b>
<b><u>DAY 1, SESSION 1 8-11-17</u></b>		
<b><u>Warm Up</u></b>		
Now and Forever	Henrik B.	
<b><u>Ecuador 6-14-17 Video</u></b>		
Tusk	Fleetwood Mac	
Santa Café	Acoustic Alchemy	
Prison	Joe Henson	
Begin Again	The Piano Guys	
Bendoli	Shastro	
Mysterious Strangers	Hollywood Film Music	
Beach Fire Dancers	Govi	
Sada Island	Joe Henson	
Tamp	Joe Henson	
Grand Adventure	Hollywood Film Music	
Santa Lucia	Joen Henson	
Brave Hearts Under Pressure	Hollywood Film Music	
New Beginnings	Brian Tyler	
<b><u>DAY 2, SESSION 1 8-12-17</u></b>		
<b><u>Seal Activation Process</u></b>		
Theme from Antarctica	Vangelis	Antarctica
Will of The Wind	Vangelis	Direct
Metallic Rain	Vangelis	Direct
<b><u>Lay Down</u></b>		
Carnation Lily Lily Rose	David Arkenstone	Island
Ancient Legend	David Arkenstone	Valley in the Clouds
<b><u>Create Your Day</u></b>		

The Axis of Love  
The Awakening  
Life Must Have Its Mysteries  
His Brightest Star Was You

Ivan Torrent  
Christopher Haigh  
Hans Zimmer  
Thomas Bergersen

Reverie  
Epic Emotional Piano  
Inferno  
Vanquish

## **DAY 2, SESSION 2**

### **Warm Up**

Let the Joy Rise

Abigail

### **Musings Video**

Tubular Bells  
Main Theme

Michael Oldfield

Hook

### **C&E**

Riders  
Pirate Ship on the Open Seas  
Anumati  
Durga  
Bravehearts Under Pressure  
Tikal  
Together We Are Undefeated  
Evolution  
Bastion

Two Steps from Hell  
Hollywood Film Music  
E.S. Posthumus  
E.S. Posthumus  
Hollywood Film Music  
E.S. Posthumus  
Hollywood Film Music  
Colossal Traler Music  
Two Steps from Hell

Classics Vol. 2  
Trailer Tracks  
Makara  
Makara  
Trailer Tracks  
Unearthed  
Epic Movie Music  
Beautiful  
Classics Vol 2

## **DAY 2, SESSION 3**

### **Warm Up**

Rise Up

Sunkids

Miami Beach Remix

—  
Strobe's Nanufushi

Kodo

Sai So

### **Candles**

1<sup>st</sup> Chakra  
2<sup>nd</sup> Chakra  
The City

David and Steve Gordon  
David and Steve Gordon  
Aurah

Chakra Healing Zone  
Chakra Healing Zone  
Kismet

### **Lay down**

Any Other Name	Thomas Newman	
Across A Starlit Sky	Jennifer Thomas	Illumination

### **C&E**

Dragon Age Inquisition Theme	Trevor Morris	Dragon Age Inquisition
The Elder Theme	Trevor Morris	Dragon Age Inquisition
Return to Skyworld	Trevor Morris	Dragon Age Inquisition
Secrets and Treasures	Audiomachine	Worlds of Wonder
The Adventurer's Hymn	Audiomachine	Worlds of Wonder

### **DAY 2, SESSION 3, PART 2**

#### **Warm Up**

Let the Joy Rise	Abigail	
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### **C&E**

Parade of Athletes	China Sports	Arena Fans
Atlas	Two Steps from Hell	Classics Vol. 2
Turin	Nick Phoenix	Vanquish
Stallion	Thomas Bergersen	Vanquish
Pegasus	Thomas Bergersen	Vanquish
Bastion	Two Steps From Hell	Classics Vol. 2

### **Lay Down**

Carnation Lily Lily Rose	David Arkenstone	Island
Remember Me	Thomas Bergersen	Illusions

### **DAY 3, SESSION 1**

#### **Be It Process**

Dragon Age Inquisition Theme	Trevor Morris	Dragon Age Inquisition
Stallion	Thomas Bergersen	Vanquish
Destiny and Honor (no vocals) Sky	Epic Score	Journey Beyond the
Flight of Freedom (no vocals) Sky	Epic Score	Journey Beyond the
Bastion	Two Steps from Hell	Classics Vol. 2

Plateau of the Gods  
Land of the Pharoahs

Mars Lazar  
Phil Thornton

The Eleventh Hour  
Eternal Egypt

**Focus – Hand on Knees**

The Axis of Love  
The Awakening  
Freedom

Ivan Torrent  
Christopher Haigh  
Christopher Haigh

Reverie  
Epic Emotional Piano  
Epic Emotional Piano

**DAY 3, SESSION 2**

**Warm Up**

Can't Stop the Feeling  
#That Power

Justin Timberlake  
Will.I.Am

**C&E**

Parade of Athletes  
Fateful Night  
The Colonel  
Turin  
The Lost Haven  
Adventure of a Lifetime  
Stallion  
Pegasus  
Flight of the Silverbird

Arena Fans  
Two Steps from Hell  
Two Steps from Hell  
Nick Phoenix  
Sub Pub Music  
Two Steps from Hell  
Thomas Bergersen  
Thomas Bergersen  
Two Steps from Hell

China Sports  
Classics Vol. 2  
Classics Vol. 2  
Vanquish  
Land of the Brave  
Classics Vol. 2  
Vanquish  
Vanquish  
Battlecry

**Lay Down**

Shamanic Dream

Anugama

**DAY 3, SESSION 3**

This Is What It Feels Like

Armin Van Buuren

6 minute version

**Be It Process**

Dragon Age Inquisition Theme  
Plateau of the Gods  
Land of the Pharaohs

Trevor Morris  
Mars Lazar  
Phil Thornton

Dragon Age Inquisition  
The Eleventh Hour  
Eternal Egypt

**Focus – Hands on Knees**

His Brightest Star Was You

Thomas Bergersen

Vanquish

Life Must Have Its Mysteries     Hans Zimmer     Inferno

**DAY 3, SESSION 3, PART 2**

Feelin' Alright     Joe Cocker

**DAY 4, SESSION 1**

**C&E**

Dragon Age Inquisition Theme	Trevor Morris	Dragon Age Inquisition
Atlas	Two Steps from Hell	Classics Vol. 2
Bastion	Two Steps from Hell	Classics Vol. 2
Stallion	Thomas Bergersen	Vanquish

**BE IT PROCESS**

Plateau of the Gods	Mars Lazar	Eleventh Hour
Land of the Pharaohs	Phil Thornton	Eternal Egypt

**Focus – Hands on Knees**

The Axis of Love	Ivan Torrent	Reverie
In Aeternum	Ivan Torrent	Reverie

**Transition to Field**

The Land of the Pharaohs	Phil Thornton	Eternal Egypt
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**DAY 4, SESSION 2**

**Warm Up**

Let the Joy Rise	Abigail
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**DAY 4, SESSION 3**

**Warm Up**

When Love Takes Over	David Guetta
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**Blue Body Demo**

Firedance	Peter Buffett	Spirit
The Feeling Begins	Peter Gabriel	The Last Temptation of Christ
Dancing of the Edge of Time	Debbie Christie	Behind the Mask

**Blue Body Dance**

The Feeling Begins	Peter Gabriel	The Last Temptation of Christ
Marco Polo	Loreena McKennitt	Book of Secrets
Red Rhythm Dragon	James Asher	Feet In the Soil
Shiva's Blush	Bhakti Rasa	Bhakti Rasa
Ti Eliz Iza	Dao Dezi	World Mix Album
(Magic Carpet Mix)		
Motswari Safari	Debbie Christie	Rhythmic Odyssey
Prodigal Son	Keiya	
Dance of Creation	Earth Trybe	Trancworld
Psyche Paradise	REG Project	REG Project
Dancing On The Edge of Time	Debbie Christie	Behind the Mask
Petwa	X-Tribe	Drum Circle
Cobra's Dance	Phil Thornton	Eternal Egypt

**Lay Down**

Magic Flow	Anugama	Shamanic Dream 2
Secret of the Earth	Anugama	Shamanic Dream 2

**DAY 5, SESSION 1**

**Candles**

417hz – Desert Sojourn	Michael Tyrell	Wholetones
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**Activation Process**

Theme from Antarctica	Vangelis	Antarctica
Will of The Wind	Vangelis	Direct
Metallic Rain	Vangelis	Direct

**Lay Down**

Carnation Lily Lily Rose	David Arkenstone	Island
Ancient Legend	David Arkenstone	Valley in the Clouds
Across A Starlit Sky	Jennifer Thomas	Illumination
Any Other Name	Thomas Newman	
Awakening Consciousness	Monroe Products	

**DAY 5, SESSION 2**

**C&E and BE It Process**

Star Sky Instrumental	Two Steps from Hell	Battlecry
Stronger, Faster, Braver	Two Steps from Hell	Battlecry
Cannon In D Minor	Two Steps from Hell	Battlecry
Victory	Two Steps from Hell	Battlecry
The Courage Within	Future World Music	Zero Hour
Rise Above	Two Steps from Hell	Battlecry
Descent Back to Earth	Future World Music	Zero Hour
Flight of the Silverbird	Two Steps from Hell	Battlecry
Days of Glory – Daniel Nielsen		

**DAY 5, SESSION 3**

**C&E**

The Art of War	Steve Jablonsky	Battleship
Krosah	E.S. Posthumus	Makara

**Mirror Work**

Desert Sojourn 417hz	Michael Tyrell	Wholetones
Awakening Consciousness	Monroe Products	

**Day 6, Session 1**

**C&E**

Dragon Age Inquisition Theme	Trevor Morris	Dragon Age Inquisition
Pirate Ship on the Open Seas	Hollywood Film Music	Hollywood Film Music
Bastion	Two Steps from Hell	Classics Vol 2

**Be It Process**

Plateau of the Gods	Mars Lazar	The 11 <sup>th</sup> Hour
Land of the Pharaohs	Phil Thornton	Eternal Egypt

**Day 6, SESSION 2**

**Warm Up**

Now and Forever	Henrik B.	
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**C&E**

The Art of War	Steve Jablonsky	Battleship
Krosah	E.S. Posthumus	Makara

### **Mirror Work**

Desert Sojourn 417hz  
Awakening Consciousness

Michael Tyrell  
Monroe Products

Wholetones

### **Twilight**

Awakening Consciousness

### **River of Red OBE Process**

End Title John Adams  
Fort Battle  
The Courier  
Attack  
War

HBO Miniseries Soundtrack  
Trevor Jones  
Trevor Jones  
Hans Zimmer  
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Last of the Mohicans  
Last of the Mohicans  
Pear Harbor  
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### **Sky's Beyond**

Karunesh

Red Warrior  
Way of the Sword  
End Title John Adams

Hans Zimmer  
""  
HBO Miniseries Soundtrack

The Last Samurai  
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### **Laydown**

Ancient Legend  
Cosmic Consciousness

David Arkenstone  
Monroe Products

Valley in the Clouds

### **Day 6, SESSION 3**

#### **Warm Up**

Strobes's Nanufushi

Kodo

Sai' So

### **Quantum Leap Process**

Zion  
Frequency Shift  
Red Warrior  
The Way of the Sword  
End Title  
The Blitz 1940  
The Battle  
The Aslan's Camp

Fluke  
Debbie Christie  
Hans Zimmer  
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Brian Tyler  
Harry Gregson Williams  
""  
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The Matrix Reloaded  
Rhythmic Odyssey  
The Last Samurai  
""  
Annapolis  
Chronicles of Narnia  
""  
""



Coming Home from the Sea  
Beethoven  
Run Free

James Horner  
Transiberian Orchestra  
Hans Zimmer

The Perfect Storm  
  
Spirit: Stallion of the  
Cimarron

Wizards in Winter

Transiberian Orchestra

### **Laydown**

New Dawn  
A Gift of Love

Chorus of Tribes  
Nadama

Myth  
Lovers Lounge

### **Day 7, SESSION 1**

#### **C&E/Focus (hands on knees)/C&E**

Dragon Age Inquisition Theme Trevor Morris  
The Elder Theme Trevor Morris  
Return to Skyhold Trevor Morris  
Secrets and Treasures Audiomachine  
The Adventurer's Hymn Audiomachine  
Magic Hour Audiomachine  
Take Flight Audiomachine  
True Love Always Audiomachine  
I Pledge Allegiance Audiomachine  
Hope and Glory Audiomachine  
Sun and Stars Audiomachine

Dragon Age Inquisition  
Dragon Age Inquisition  
Dragon Age Inquisition  
Worlds of Wonder  
Worlds of Wonder  
Worlds of Wonder  
Worlds of Wonder  
Worlds of Wonder  
Worlds of Wonder  
Worlds of Wonder  
Tree of life  
Worlds of Wonder

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The Axis of Love  
The Awakening  
Any Other Name  
His Brightest Star Was You  
Remember Me  
Life Must Have It's Mysteries

Ivan Torrent  
Christopher Haigh  
Thomas Newman  
Thomas Bergersen  
Thomas Bergersen  
Hanz Zimmer

Reverie  
Epic Emotional Piano  
  
Vanquish  
Illusions  
Inferno

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Stallion  
Circle of Life

Thomas Bergersen  
Elton John

Vanquish  
Lion King

### **Day 7, SESSION 2**

#### **Warm Up**

What a Feeling

DJ Bobo

#### **4<sup>th</sup> seal example song**

For the Love of a Princess

#### **C&E and Dance of Frequency Process**

##### **C&E**

Bastion	Two Steps From Hell	Classics, Vol. 2
Plateau of the Gods	Mars Lazar	The 11 <sup>th</sup> Hour
Land of the Pharoahs	Phil Thornton	Eternal Egypt

##### **Dance**

Twilight Mist	Kali Ma	Dances of Transformation
Drumming Circle	Professor Trance	Shaman's Breath
Song of the Stars	Dead Can Dance	
Cross roads of the World	Michael Whelan	Sea Power
Pagan	Karl Schaffner	Pagan
Ti Eliz Iza	Dao Dezi	
All One Tribe	Scott Fitzgerald	All One Tribe

##### **Twilight**

Tracks from	Raphael	Music to Disappear In Vol. 1&2
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#### **Day 8, SESSION 1**

##### **Levitation Process**

All Tracks from "The Bourne Identity" Soundtrack

#### **Day 8, SESSION 2**

##### **Warm Up**

Now and Forever	Henrik B.
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##### **Candles**

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1 <sup>st</sup> Chakra	David and Steve Gordon	Chakra Healing Zone
2 <sup>nd</sup> Chakra	""	""
The City	Aura	Kismet
Cosmic Flow	Maneesh de Moor	Sadhana
Tantra	Deborah Martin	Convergence

## **Quantum Leap Process**

See Above

## **Ramtha Live Stream**

Tusk

Balearic Dinner

Calibans Dream

Olympic Games

Fleetwood Mac Live

Sunlounger

Isles of Wonder, Underworld, Music from 2012

Lumumba (chill mix)

Nara

The Wind

Nara

Beginnings

Fantasy

Luna

Sunlounger

E. S. Posthumus

Cat Stevens

E.S. Posthumus

Chicago

Earth, Wind, Fire

Jesse Cook

## **Day 9**

### **Warm Up**

Let the Joy Rise

Celebration

Abigail

DJ Bobo

### **Orb Show**

Let the Joy Rise

Now and Forever

Tell the World

I lived

Abigail

Henrik B.

Eric Hutchinson

One Republic